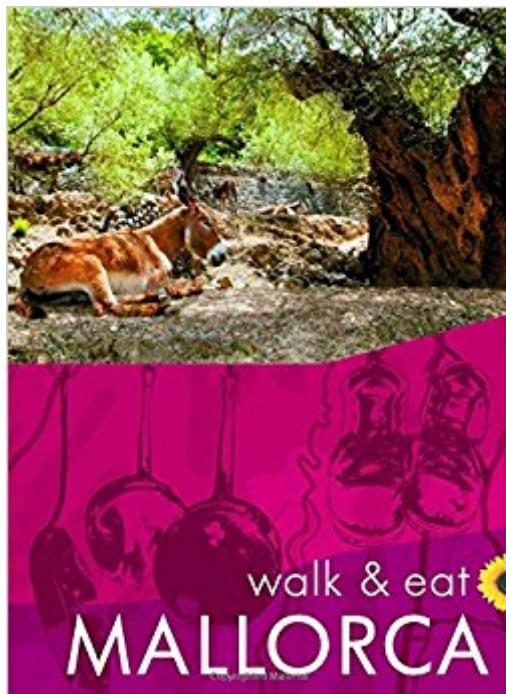


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# Mallorca Walk: Walk & Eat (Walk And Eat)



## Synopsis

This pocket-sized full-colour guide is designed for walking in Mallorca with a gastronomical touch, using public transport. Even 'non-walkers' will appreciate the recommendations for Mallorca restaurants.----- The walks are dotted all around the island, with most in the west and mountainous northwest. Note: There is some overlapping of walk routes between this book and Landscapes of Mallorca, so do use the 'Look Inside' facility to compare coverage in the two guide books.----- For each suggested restaurant there is a photograph of the decor and one of their dishes, plus sample menu, price guide, opening times and a recipe for one of their specialities.----- Other sections include: planning your trip, logistics on arrival, local markets and specialities, glossary of local food terms, and a restaurant mini-vocabulary. A special feature is the emphasis on natural local foods suitable for those with food intolerances. All recipes have been made by the authors and are known to 'work'.-----10 walks and 2 excursions (one long trip by train, tram and boat, the other a train ride to the centre of the island); plan of central Palma; island map; large-scale (1:35,000) topo maps for the walks. Free online update service with specific route change information on the publisher's website, maintained daily. Really love these Sunflower guides, they all contain the personality of the authors who love the area; you get to understand and trust them...Highly recommended as a good introduction to the best walks on the island. (MJ, )-----Sunflower Books have led the field for years with their brilliant 'Landscapes' walking and car touring guides. Now they have raised their game even higher with a superb new Walk & Eat series. The Mallorca guide is a real delight - an inspiring collection of walks and excursions with recommended restaurants and hotels, as well as recipes for you to try out yourself. (Frank Barrett, Mail on Sunday)----- Inspirational...fabulous authentic food...great investment. (HM, )----- Wonderful little book, so different from all the soulless top-shelf stuff you might find in the travel section of those big impersonal bookstores. Its size is also one of its greatest attributes. Small is beautiful! And her recommendations of eateries is flawless, as are her own recipes :) Muchos Gracias Valerie! (MR, )----- This little guide contains some spectacular walks that are clearly described and easy to follow...I can't recommend this book enough! (HJOW, )

## Book Information

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